

## *ATTEN-DANCES: Looking up from what one's doing*

### *Open Weekly sessions*

Laserdragons2000 welcomes you to join our ongoing performance/event/essay/hang out/training sessions as an artiste, interested in performance art!

The project, supported by the Kone Foundation, aims to create an opportunity for people inside and outside of art institutions to come together and practice their craft within conditions where it is meant to be practiced: in front of other people!

The focus of these sessions is to view theatrical and dance performance less as something self-contained but more as something that emerges between those present, building on the ever-fascinating phenomenon that an audience changes how one *is* (on stage).

What happens when this change is approached not as a weakness to hide, or as an obstacle to overcome? But as material to work with...

What if stage fright, awkwardness, and performance excitement are embraced as signs of being sensitive to this change, of being affected by others, rather than eliminated or suppressed through techniques that produce a presence untouched by the audience?

What kinds of encounters become possible when the audience is allowed to matter: not as participants to be activated, but through the simple fact of them being... there!

#### **WHAT/HOW**

Together we will develop performative scores and try them in front of one another. These scores can be made from anything: a newly developed movement sequence, a long-cradled dream, skills one already has, a song, a text, a failed audition etc.

The emphasis will be not on what is performed, but on *how* one attends while performing it.

We are curious about how one can stay with the experience of being seen without immediately trying to master it and what kind of performing power might emerge from such a position...

## **PRACTICALITIES**

If the project resonates with you, you are warmly welcome to join once, several times, or more regularly until the end of June 2026. After that, we will share a separate invitation for the autumn.

Sessions take place on Tuesdays and Thursdays from 17:00 to 20:00 at Uniarts Theatre Academy (Haapaniemenkatu 6, 00530, Helsinki) where we meet at the lobby before each session. Participants can choose one of these weekly time slots according to what suits them best.

To join, send us an email to [info@nothinghappens.org](mailto:info@nothinghappens.org) with the day(s) you would like to attend. You are also welcome to contact us there with any questions you might have.

You can come and go within the process. Coming once does not mean committing to the rest.

We are not making selections, and you don't need to send a CV. It is enough that the project speaks to you.

You do not need formal training, an artist degree, or a ready-made performance to join. The call is open to people with different relationships to performance: trained, untrained, uncertain, returning, curious, or somewhere in between.

## *ABOUT US*

Laserdragons2000 is a newly formed working group for our project: *Atten-dances: looking up from what one's doing*, supported by the KONE Foundation. Comprised of international professional artists, graduated from Uniarts Theatre Academy who finally have the opportunity to work together, we form an assembly from different countries, backgrounds, disciplines, and approaches, united by a desire to ask what stage art is and can be.